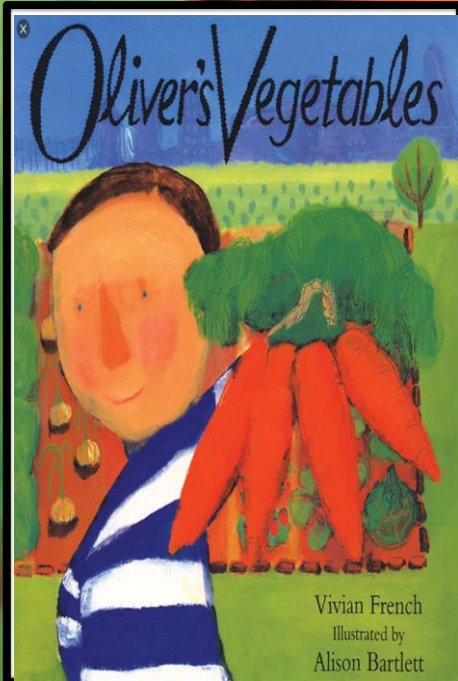


EYFS



<https://www.youtube.com/watch?v=BTYoaJY7k-Q>

The Wider Curriculum

- Make some vegetable prints by dipping vegetables into paint and seeing what shapes you can create
- Make some vegetable recipes with your child. They could help wash and prepare vegetables for a salad with lettuce, carrots, tomatoes, celery, and cucumbers.
- Using a selection of magazines encourage the children to cut out and stick down vegetable pictures to create a collage.
- Cut open different vegetables and look inside, carefully draw a detailed picture of the inside of different vegetables
- Sort healthy and unhealthy foods with your adult (remember it is ok to have treats in moderation!)
- Which animals eat vegetables? Could you find out facts and draw/write about some animals that enjoy vegetables?

Maths Ideas

Watch an episode of 'Numberblocks' each day.

Count forwards up to 101 every day and back from 20. Write down how far you get without help each day and try to improve each time.

Play a listening and attention game with your child. Place a number of vegetables on a tray and cover with a blanket. Ask the children to guess how many are there, then double-check by counting. Remove one of the objects - can they say which one has been removed? How many are left?

Set up a simple shop at home with food items. Ask your child to make price tags for the items in their 'shop.' Using coins that are available up to £1 ask your child to buy items and pay with the correct coins.

Play the money game, putting the coins in the correct order (1-20p to begin with) <https://www.topmarks.co.uk/money/coins-game>

Listen to the story carefully. How many different types of vegetables can you count in the story?

Look at a variety of fruit and vegetables. Can you decide which is the heaviest/lightest and put them in order?

Literacy Ideas

- [Watch your child's RWI Phonics Session on you tube](#)

Share the story

Read or listen to the story aloud and enjoy the pictures together. Remember it is important to talk about the pictures too!

Who is your favourite character from the story? Can you draw a picture of them and describe them?

Create a feely bag/box with lots of different fruits and vegetables inside it. Ask your child to put their hand in, choose one and then tell you what they can feel. Ask them to describe what it feels like before guessing which item of fruit/veg it is. Introduce new vocabulary to describe textures/appearance/smell.

Encourage the children to write shopping lists of vegetables to buy at a shop

Design your own allotment. What would you grow there? You may want to add a greenhouse or a shed as well as lots of vegetables growing. Can you label your allotment or write sentences about it to tell us all about it?